

Leisure Times

Free Recreation
& Education Guide

Summer 2013

Week Long Art Programs
pg. 12-16

Summer Day Camps
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Sports Camps
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pg. 38

(413) 259-3065

Stay Connected



www.lsse.org



LSSE PRESENTS

Musical Theater **REVUE!**

June 1st at 7:30pm ★ June 2nd at 6 pm
 ★ Amherst Regional Middle School Auditorium

Tickets at LSSE 413-259-3065 ★ \$10/Adults ★ \$5/Children & Students
 At the door \$12/Adults - \$7/Children & Students ★

PIPPIN MARY POPPINS SEUSSICAL WEST SIDE STORY
The Sound of Music MAME **WICKED** *Tamara Finkle*
BILLY ELLIOT NEWSIES **ANNIE** GET YOUR GUN *Once Upon a Mattress*
 You're a Good Man, Charlie Brown

Summer 2013

Amherst Leisure Services & Supplemental Education

Phone: (413) 259-3065 Fax: (413) 259-2407 Email: lsse@amherstma.gov

Hours: M-F 8:00 a.m.- 4:30 p.m.

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LSSE Commission

Stanley Ziomek-Chair
Alan Bonnenu, Vice-Chair
Jim Brissette
Jon Foster
Anna-Beth Winograd
Maryanna Whittemore

Cover photo by Grace Marczuk

Special Thanks

A special thanks to the Amherst-Pelham Regional School District and to the excellent school department staff for their cooperation, which allows us to provide numerous activities in school facilities. We would also like to thank the staff at the Bangs Community Center, the Department of Public Works, and the Munson Library Trustees for their assistance and support.

Our Staff:

GENERAL INFORMATION:

Registration	259-3065
Cancellation Line.....	259-3066

ADMINISTRATIVE STAFF:

Director	Linda Chalfant	chalfantl@amherstma.gov	259-3103
Operations Manager.....	Gail Weston	westong@amherstma.gov	259-3186
Registration & Marketing Supervisor.....	Donna Roy	royd@amherstma.gov	259-3285
Registrar	Pat Desmarais.....	desmaraisp@amherstma.gov	259-3254

PROGRAMMING STAFF:

Afterschool, Day Camps, Ski Program			
Boltwood Project, Special Needs	Stacey Lecuire.....	lecuirea@amherstma.gov	259-3191
Afterschool Site Coordinator.....	Grace Marzuk.....	marczukg@amherstma.gov	259-3177
Development, Cherry Hill Golf Course			
Aquatics	Barbara Bilz.....	bilzb@amherstma.gov	259-3138
Adult Sports, Youth Sports,			
Sports Camps.....	Mark Miville	mivillem@amherstma.gov	259-3144
Youth and Adult Ed.....	Anne Knauf.....	knaufa@amherstma.gov.....	259-3230

July 4 Celebration



Thursday, July 4th, 2013

Photos courtesy of Christopher Murphy Photography



Starts at **5PM** at the **UMASS**
fields behind Alumni Football
Stadium!

Food, music and live
entertainment.

Fireworks begin

@9:30!

An evening of family activities!

- 5:00: Carnival, Rides, Face Painting
- 5:30-7:30: Candy and Toy Hay Hunt/
Old Fashioned Field Races
- 5:45-6:45: Mister Balloon the
Balloon Twister
- 6:00-7:00: Deerfield River Duo
- 7:00-7:45: Hoopoe the Clown
- 8:00-8:30: Pie Eating Contest/
Corn Husking
- 8:15-9:30: Amherst Community Band
- 9:30: Fireworks



Like us on Facebook! [facebook.com/Amherst.July4th.Fireworks](https://www.facebook.com/Amherst.July4th.Fireworks)

Amherst Afterschool Program

at all **three** schools:

Program Start Date: Aug. 29

Sept. 3 for kindergarteners



Photo by Grace Marczuk

Homework Help

Field Trips

Enrichment Programs

Experienced Directors & Staff

CPR & First Aid Certified Staff

EEC Licensed

Sliding Scale Fee Subsidy Available!

(Please contact us early funds are limited)

Mondays, Tuesdays, Wednesdays, Thursdays, Fridays- 3:15-5:30

Full-time (5 days a week)



Photo by Grace Marczuk

Number of Days a Week (Section)

1 day a wk (M,T,W,H,F)

\$47.00 Monthly Rate

Full time (Mon.-Fri.)

\$235.00 Monthly Rate

Fees are billed in advance on a monthly basis.

(413) 259-3065

INSTRUCTORS WANTED for Fall & Winter

Consider sharing your passion and expertise
with the community by teaching
a course through LSSE!

Chess for Children, Adults

Cooking

Languages, Beginning

Photoshop

Pottery

Quickbooks

SAT Prep

Science and Robotics for kids

Web Design

We also welcome new and unique ideas for classes!

If you are interested in teaching a program through
Leisure Services please contact Linda Chalfant at
413-259-3103 or email her at chalfantl@amherstma.gov.
You can also access an application packet online at www.lsse.org,
click on "Teach At LSSE"

Fee Subsidy Information

Low income families may apply for a 50
or 25 percent fee subsidy to access summer
youth programs. We also have additional
support on a first come first serve basis for
families with greater needs. Please see our
Fee Subsidy and Additional Need Applica-
tions at www.lsse.org under Fee reduction
Program or contact LSSE at (413) 259-
3065 for assistance.

**Submit Additional Need
Application by June 3rd to
qualify for summer programs.**

Pavilion Rentals!



2 Great Locations!

*Mill River Recreation Area

*Groff Park Pavilion

April - October

Rentals available 7 days a week,
including Holidays!

Tables also included in rental.

Call LSSE for more details (413) 259-3065

Middle School and High School Programs



332147 Teen Blacksmithing

Ages 13-18

Theodore Hinman

Basic blacksmithing skills and techniques for teens. We'll focus on the use of a coal forge and traditional blacksmithing techniques. Students will focus on creating hooks with a twist. Time permitting, they may create something else using the skills taught. The instructor will provide full-face shields to be used during lessons. Students must bring leather welding gloves and closed-toe boots that extend over the ankle. There is a \$50 materials fee due to the instructor at the first class.

Session A

Mon.-Fri., Jul. 15-19, 9:00 a.m.-12:00 p.m., Historic Northampton, \$254

Session B

Mon.-Fri., Jul. 22-26, 9:00 a.m.-12:00 p.m., Historic Northampton, \$254

Session C

Mon.-Fri., Jul. 29-Aug. 2, 9:00 a.m.-12:00 p.m., Historic Northampton, \$254

332199 Fantastic Flutes Summer Flute Camp Ages 12-15



Emily Sapa

Kick start your fall practicing work with Fantastic Summer Flute Camp! Over two weeks they will focus on both ensemble skills and individual practice and performance tips, giving you the opportunity to be at the top of your flute playing game. During our master classes we will examine breathing, healthy playing, repertoire, and stage presence, etc., topics that we will apply to solo playing and ensemble music. Please join us for a fun, friendly, fantastic musical experience. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Aug. 12-23, 1:00-2:30 p.m., Middle School, \$134

332110 B Driver's Education

United Driving School

www.uniteddrivingschool.com

Age 15 years and 9 months to adult. This is a complete driving course offered by one of the region's most reputable driving schools at a competitive price! This fully certified course includes regulation classroom instruction, which prepares new drivers for the road test, observation time, and driving time. The Driver's Education Certificate is issued upon completion of the full course. Make this course your investment in lower insurance rates and a lifetime of safe driving!

Session A

Mon.-Fri., Jun. 24-28, 9:00 a.m.-3:30 p.m., Bangs Center
\$264 Deposit due to LSSE at Registration, \$365 or Payment Plan due to Instructor for Driving/ Observation at the first class.

Session B

Mon.-Fri., Aug. 5-9, 9:00 a.m.-3:30 p.m., Bangs Center
\$264 Deposit due to LSSE at Registration, \$365 or Payment Plan due to Instructor for Driving/ Observation at the first class.




Country Market...where local is just the beginning!

The Original Country Market where old-time customer service is an every day treat!!

Farm Fresh Produce	Meat & Seafood	Specialty Cheeses
Country Bakery	Specialty Foods	Full Service Florist
Deli & Take-out	Homemade Fudge	Gifts & Gift Baskets
Savory Suppers	Fresh Sushi Bar	Beer & Wine

Corner of Rte. 116 & Bay Road, South Amherst
(413) 253-9528 * www.atkinsfarms.com

Register Now

www.lsse.org

(413) 259-3065

Youth Sports



Photo courtesy of Sonja (Sunny) Meidell

332108 Youth Tennis

Ages 8-12

Sonja Meidell

This class is designed to introduce tennis in a relaxed, fun way. Instruction will focus on coordination, concentration, movement, and stroke fundamentals. Please wear tennis shoes (not running shoes) and bring your own racquet. Balls are provided. Rain date is the following Sunday.

Session A

Sat., Jun. 8-29, 9:00 -10:00 a.m., Mill River Rec. Area, \$110

Session B

Sat., Aug. 3-24, 9:00 -10:00 a.m., Mill River Rec. Area, \$110

332109 Pee Wee Tennis

Ages 5-7

Sonja Meidell

This course is for children who want to play tennis. We will focus on footwork drills; hand-eye coordination drills; racquet techniques (forehand, backhand); scoring; court etiquette and set-up through games and tennis play. Participants must be able to catch a tennis ball. Parents must stay for the class. Please be sure your child has the appropriate Pee Wee racquet and sneakers. Rain date is the following Sunday.

Session A

Sat., Jun. 8-29, 8:30 -9:00 a.m., Mill River Rec. Area, \$72

Session B

Sat., Aug. 3-24, 8:30 -9:00 a.m., Mill River Rec. Area, \$72

332120 Youth Riding Weeks

Ages 8-15

April Hart

Students will develop basic skills necessary to begin riding and handling horses safely and with confidence. We will practice methods of grooming, leading, saddling and mounting, and will develop riding exercises according to the needs of the students in the group. Students will need to wear long stretch type pants and boots with a heel. Helmets are provided. Actual riding gloves are recommended. There is an \$80 materials fee due to the instructor at the first class. Lesson will be held at Cedar Reach Farm, 43 Lawrence Plain Rd., Hadley, MA.

Session A

Mon.-Fri., Jun. 24-28, 9:00 a.m.-3:00 p.m., \$249

Session B

Mon.-Fri., Jul. 15-19, 9:00 a.m.-3:00 p.m., \$249

Session C

Mon.-Fri., Aug. 19-23, 9:00 a.m.-3:00 p.m., \$249

HAMPSHIRE GYMNASTICS SUMMER PROGRAM

Fun for Girls & Boys 4-10 years old

Monday-Friday 9 am-1 pm

(4) 2 week sessions starting July 1st



Drop your kids off for a morning of non-stop fun! Our program includes gymnastics instruction, games, outside activities, arts and crafts, and slip-n-slide! They will love our trampolines, foam pit, balance beams, rings and rock wall! Each two week session is \$350. Call our office for more information.



461 West Street Amherst, MA 01002
(413) 256-6990
www.hampshiregymnastics.com



Youth Sports



325400 Sugarloaf Youth Track League Ages 6-14

Boys and girls of all abilities will be placed on a team and can compete in both relay and individual events. Parents, brothers, sisters and friends are invited to bring a picnic dinner and cheer on their favorite team. Non-team member children 2-14 yrs. will be able to enter an open 100-meter dash each night. There will be an organizational meeting to group teams, meet coaches, and run an informal series of practice races on May 29. Please note: we may reach the maximum number of participants before that and will close entries when that number is reached. Makeup dates are June 19 & 26.

Fri., 5/31, 6/7, 6/14, 6/21, 6/28, 5:00-7:00 p.m., Amherst Regional High School Track, \$49

335401 Youth Cross Country Running Clinics

Ages 6-13. Experience the joy of distance running with Eric Nazar, Amherst High School Varsity Girls' indoor track and XC coach. Learn exercises to improve your speed, endurance and strength. Cross country is a fun one-and-a-half mile run over fields and trails. If you have questions regarding this clinic, please call Eric Nazar at 695-3515 or email ericnazar@gmail.com. * There is no clinic on July 17.

Wed., Jul.10-Aug. 14*, 6:00 -7:00 p.m., Mill River Rec. Area, \$39



(413) 259-3065

Summer Camps at Pineapple Dance Community, Excellence and Fun!



Day and evening camps for kindergarten through high school are filling up fast. Come join us for Ballet, Contemporary, Hip Hop and Irish Step summer camps.

Contact Charlotte Doyle
phone: 413-250-0035

email: charlotte.doyle@pineappledance.net
www.PineappleDance.net/summer-camps

Youth Sports

346110 Suburban Amateur Football League

Ages 8-14

The fun and excitement of youth football continues this fall in the Suburban Amateur Football League (SAFL) of Western Massachusetts, the 44th season of safe instruction for the Valley's youth in football. **Everybody Plays.** Children from 8 years of age to those who turn 15 after January 1, 2013 are eligible. Player weight does not prevent participation but position restrictions may apply for safety reasons. Teams compete in three divisions based on age and grade.

Pee Wee	3rd & 4th grades	ages 8-10
Junior	5th & 6th grades	ages 10-12
Senior	7th & 8th grades	ages 12-14

Registration deadline is July 26. Practices start Monday, August 5 with equipment distributed to registered players that night at Groff Park. Practices are from 5:30-7:30pm August 5-8. During the remainder of August, practices will be Mon-Thurs from 5:30-7:30pm. Once school starts, practices are 5:15pm to 7pm on Tuesdays and Thursdays and on Saturday mornings. All practices are at Groff Park. For more information please contact Mark Miville @ 413-259-3144, mivillem@amherstma.gov. \$209 by July 26 (\$20 late fee beginning July 27).



Photo by Sean Werle

PIONEER VALLEY DRIVING SCHOOL

\$660 tuition can be reduced to \$630

Choose a class that works for you.

Pay a \$40 deposit at least 30 days ahead,

The remaining balance will be \$590.

CALL NOW TO RESERVE A SEAT

413-253-7432



CLASSROOM SCHEDULE

2013

MAY 28th to JUNE 10th Mon-Fri, 2:45-6 pm

JUNE 24th to JUNE 28th Mon-Fri, 9 am-3:45 pm

JULY 29th to AUGUST 9th Mon-Fri, 12:45-4 pm

AUGUST 19th to AUGUST 23rd Mon-Fri, 9 am-3:45 pm

**Please ask about our parents' classes*

For more information

visit us online at:

pioneervalleydriving.com

335301 Junior-Summer Ultimate League of Amherst Boys and Girls Ages 7-13

Are you ready for the **Ultimate** experience? If the answer is yes, plan on joining us for another exciting summer of Ultimate Frisbee. This fun league is geared towards kids who want to enjoy the thrill and excitement of Ultimate Frisbee. Never played before? No problem, all levels of ability are welcome to join! All players will be assigned to a team. If you have questions regarding this program, please call Jim Seltzer @ 540-9242 or email jimseltzer@comcast.net. Register at LSSE or online at www.lsse.org.

Tues., Jun. 25-Aug. 6, 6:00 p.m., Plum Brook Rec Area, \$39

Session A Frisbee Activities for Kids **Ages 7-8**

Session B Elementary Division **Ages 9-11**

Session C Middle School Division **Ages 12-13**

Register Now

www.lsse.org

Art Plus!

Week-Long Art Programs and Kids Create Classes Together!

Art
Plus!

332899 Art Plus!

Let your child enjoy a week of Lahri Bond and Deborah Bazer's art classes, the first part of the day and end with a Kids Create class in the afternoon. Programs also include time outdoors, and children will be supervised the whole day. Be sure to bring water, lunch, a snack, and also a smock. See course descriptions for more details.

Art Plus! Schedule:

Week-Long Summer Art Classes: **(WLSA)**

8:30 am-3:30 pm (June and July)

8:30 am-1:00 pm (August)

Kids Create Classes: **(KCC)**

3:30-4:30 pm (June and July)

1:00-4:30 pm (August)

June 24-28:

WLSA The Wonder of the Woods, age 7-10

WLSA Butterflies, Bees, and Other Winged Creatures,
age 5-9

KCC The Green Games, ages 8-12

July 8-12:

WLSA Cat Tales, ages 7-11

WLSA Muddy Days, ages 6-10

KCC Magical, Mystical Mermaids, ages 7-10

July 15-19:

WLSA Dinosaurs Galore, ages 6-10

WLSA Real Toys, ages 6-10

KCC Collage, Dioramas, and Watercolor, ages 7-10



Photo by Jenny Atkins



Photo by Jeannette Beaudet

July 22-26:

WLSA Clay Village, ages 7-10

WLSA Comic Books, Cartoons & Caricatures, ages 6-10

KCC Watercolor and Drawing, ages 7-10

Aug. 5-9:

WLSA Squish! An exploration of malleable materials,
ages 5-8

KCC Fiber Fun, ages 5-7

Aug. 19-23:

WLSA Branching Out, ages 7-11

WLSA Dog Days of Summer, ages 7-11

KCC Fantastic Fairylands, ages 7-10

(413) 259-3065

Kids Create Classes

NEW

332160 The Green Games *Laura Rojo Macleod*

Art Plus!

Ages 8-12

Play the Green Games for your planet, your country, your town! This is an exciting space to develop ecological skills and green consciousness—in Spanish. Through games and activities, pictures and words, Spanish-speakers and beginning learners will gain more insight into ecological issues together. The class will guide participants in an eclectic communicative approach, using negotiation and problem-solving strategies. Laura Rojo Macleod is a native Spanish speaker from Argentina. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jun. 24-28, 3:30-4:30 p.m., Middle School, \$79

Art Plus!

332132 Magical, Mystical Mermaids *Carolyn Toomey*

Ages 7-10

Have you ever seen a mermaid? Come join this new and inviting class to explore the fascinating world of mermaids. Together we will create mermaids' environments, hobbies they enjoy, pets they adore and more, using paper mache, watercolors, clay, fabric, pencils and sparkles. See instructor bio in "Fantastic Fairyland." Please bring smocks. There is a \$12 materials fee due to the instructor at the first class. Please bring a smock.

Mon.-Fri., Jul. 8-12, 3:30-4:30 p.m., Bangs Center, \$74

332133 Collage, Dioramas, and Watercolor *Carolyn Toomey*

Art Plus!

NEW

In this new and dynamic class we will create dioramas together using shoeboxes, found objects, and sculpey clay. We will also explore the wonderful world of collage-making and watercolor paints. Come along and join the fun. A \$12 materials fee is due to the instructor at the first class. Please bring a smock.

Mon.-Fri., Jul. 15-19, 3:30-4:40 p.m., Bangs Center, \$74



Your adventure begins this summer at Bement!

Programs for 15 mos.-15 year old campers

• \$400/2-week session • Extended day options • Van service available from Amherst/Hadley/Northampton • Enrichment Programs including swimming lessons, baking & candy making, soccer & more! • Age appropriate field trips • Traditional day camp experience

Session 1: June 24-July 5 Session 2: July 8- July 19
Session 3: July 22- August 2
Session 4: August 5- August 16

Located in historic Deerfield, MA 413.774.7061



For more information visit:
bement.org/summer

Art Plus!

*Take Kids Create Classes following Deborah Bazer & Lahri Bond's Week-Long Summer Art Programs for a full day of artistic fun! These programs may also be taken separately.

332158 Watercolor and Drawing *Carolyn Toomey*

Art Plus!

Ages 7-10

The perfect class for the budding artist! Students will explore the myriad ways that painting and drawing materials can be used. Materials that we'll explore include chalk and oil pastels, charcoal, pencils and watercolor paints. Salt painting and wax resist painting highlight a few of the projects we'll work on. Your child will get to truly explore and enjoy all that drawing and painting has to offer. A \$12 materials fee is due to the instructor at the first class. Please bring a smock.

Mon.-Fri., Jul. 22-26, 3:30-4:30 p.m., Bangs Center, \$74

332155 Fiber Fun for Children *Jennifer Atkins*

Art Plus!

Ages 5-8

Fiber Fun from beginning to end. Learn how wool comes off a sheep, and meet and groom an angora bunny. You will learn how to spin fiber into yarn using a drop spindle (from a CD!) that you can take home, and in addition how to prepare fiber, dye it, and weave, knit. You will make colorful, fun, sometimes-useful and sometimes-not useful things while learning timeless skills. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Aug. 5-9, 1:00-3:30 p.m., Bangs Center, \$149

332148 Spinning and Fiber Arts *Jennifer Atkins*

Ages 8-12

Ever wanted to learn to spin yarn? This class is for you. We will start with drop spindles (to keep!), then move on to spinning wheels. You will learn about how to prepare fiber, how to dye, card and comb it. Using these techniques you can make beautifully colored, textured yarns. Once you've made some yarn, you'll learn how to use it in a variety of knitted and woven projects. As an added bonus, there will be angora rabbits to meet! There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Aug. 12-16, 1:00 p.m.-3:30 p.m., Bangs Center, \$149

332131 Fantastic Fairylands *Carolyn Toomey*

Art Plus!

Ages 7-10

Have you ever seen a fairy or wished you had? Then this creative class is for you! We will create inviting homes for our special friends out of a variety of art materials. We will sculpt out of clay, natural materials, and more to make tiny fairies, deluxe imaginative fairy houses, and fairy furniture! We will explore fairy images and illustrations for ideas and inspiration. Carolyn received her BFA degree in painting from UMass Amherst and studied at Haystack Mountain School of Crafts, Deer Isle, Maine. She has written and illustrated her first learning-to-count children's book. Her watercolor illustrations are exhibited locally. There is a \$12 materials fee due to the instructor at the first class. Please bring a smock.

Mon.-Fri., Aug. 19-23, 3:30-4:30 p.m., Bangs Center, \$74

Week-Long Summer Programs



Photo by Jeannette Beaudet

332195 Wizards, Witches and Harry Potter Ages 8-13

Becca Greene-Van Horn

Come join us as we jump into the wonderful characters of Harry Potter and fly our broomsticks to Hogwarts for a fantastical, magical and fun-filled adventure. Improvising off the popular books, we will enact favorite scenes as well as create some of our own. Drama games and improvisational theater will provide the foundation for staged scenes later in the class. There will be an informal demo at the last class. Taught by Becca Greene-Van Horn, experienced drama teacher and former professional actress. There is an \$8 materials fee due to the instructor the first day of class.

Mon.-Fri., Jul. 8-12, 9:30 a.m.-12:30 p.m., Middle School, \$159

332153 Broadway Sings Ages 12-16

David Ranen

Students will sing Broadway songs from a variety of shows and time periods and learn proper vocal technique and vocal care. When possible, students will watch video clips of shows to analyze what the performers are doing. At the last class, students will perform songs they have prepared. Students should come prepared to sing, move, and just have fun with Broadway songs! There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 8-12, 9:00 a.m.-1:00 p.m., Middle School Auditorium, \$114



(413) 259-3065

332192 Curtain Up! Summer Acting Intensives

Ages 12-18

Becca Greene-Van Horn

Do you love to act? Do you long to feel more confident and comfortable on stage? Want to practice your acting skills and learn new ones? Improve your comfort with improvisation and physical theatre? Learn audition skills and methods to manage anxiety and stage fright? Then come join this fun and intensive acting week for all levels, taught by an experienced drama teacher, Becca Greene-Van Horn. The acting exercises, drama games and scene work are designed to encourage young actors to take creative risks, while increasing their improvisational comfort level and self-confidence on stage. There will be an informal demo at the last class. There is an \$8 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 15-19, 2:00-5:30 p.m., Bangs Center, \$164



332194 Sing Out! Musical Theater Audition/ Performance Workshop

Ages 10-18

Becca Greene-Van Horn

Come learn how to not only do your best at an audition, but how to perform a musical theater song! The Valley offers many wonderful opportunities for young performers. Auditioning can be very challenging to even the most seasoned performer. It has to be approached in a very specific way. Becca Green-Van Horn is a former professional actress and an "experienced auditioner." Participants will work on audition songs, learn basic audition technique and practice performing in front of the group. Dealing with "audition nerves," stage fright, and the disappointment of not being cast will also be addressed. Participants will learn relaxation techniques and suggestions on how to maintain a positive attitude during the audition process. There is an \$8 materials fee due to the instructor the first day of class.

Mon.-Fri., Aug. 5-9, 2:00-5:30 p.m., Bangs Center, \$164

332193 "Fantabulous" Fairy Tales: Creative Drama Program

Ages 5-9

Becca Greene-Van Horn

Wicked Witches, Magical Genies, Fairy Godmothers, Scary Beasts and Wily Wizards are just some of the wonderful characters children will have a chance to inhabit in this creative drama approach to fairy tales. In addition to acting out the stories, children will hone their creative and imaginative skills and build confidence through drama games, improvisation, and role play. They will have a chance to explore different parts of themselves through the roles they are playing, be it Cinderella, Aladdin, Belle or Peter Pan. They will make masks and puppets of their favorite characters. On the last day, we will invite the parents for an informal demonstration. There is an \$8 materials fee due to the instructor the first day of class.

Mon.-Fri., Jun. 24-28, 9:30 a.m.-12:30 p.m., Middle School, \$159

Week-Long Summer Art Programs



332809 The Wonder of the Woods **Deborah Bazer**

Ages 7-10

Under the cool forest canopy, we will collect materials to create nature-inspired artwork. Using these natural materials, along with pastels, paper mache and paint we will draw and sculpt plants, animals and insects we have observed in the woods. Attention to color, pattern and structure will be fostered, as well as learning about famous artists such as Andy Goldsworthy and Beatrix Potter, themselves greatly inspired by the natural world. Please bring water, lunch and a snack. Come prepared to get messy and to do some walking. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jun. 24-28, 8:30 a.m.-3:30 p.m., Amherst Middle School, \$289

332817 Butterflies, Bees & Other Winged Creatures **Ages 5-9**

Lahri Bond

Let's take to the sky with real and imaginative winged creatures. We will make these windborne wonders from a variety of materials including balsawood, wire, colorful paper and found objects. After hearing stories of sky, wind, and wings, we will make sculpture, jewelry, kites and other creations that really fly or look like they could. Please bring lunch, a snack, water and your lofty imaginations. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jun. 24-28, 8:30 a.m.-3:30 p.m., Amherst Middle School, \$289

Week-Long Summer Art Programs

332812 Paper Paper Paper

Ages 6-10

Lahri Bond

Taking one of the most common and everyday materials, we will explore the many uses of the humble medium of paper. We will begin by making special papers that evoke textures, colors and moods, and arrange them in ways that are both pleasing and beautiful. Students will create collaged pictures, storybooks and functional boxes, using simple cutting, pasting, and paper-making techniques. Students will also spend ample time outside, gathering natural materials, playing games and enjoying our snacks and lunches together. Please bring snack, lunch and water. There is a \$10 materials fee due to the instructor at the first class. There is no class July 4.

Mon.-Fri., Jul. 1-5, 8:30 a.m.-3:30 p.m., Bangs Center, \$232

332814 Cat Tales

Ages 7-11

Lahri Bond

Here's a hot summer class for cool cats and kitties, where we spend a week drawing and sculpting finely festooned felines of every variety. Along the way, we will hear stories, myths, and folk tales of ferocious felines, cantankerous kitties and terrific tabbies. Students will draw, paint, and make three-dimensional cats in paper-mache, while hearing remarkable tales of humankind's "other a best friend." Snack, lunches, games, and drawing time will be spent outside. Please bring snack, lunch and water. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 8-12, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

332807 Muddy Days

Ages 6-10

Deborah Bazer

We'll have a clayful week of delightfully muddy hands, making magnificent artwork. Learning pinch, coil and slab techniques, we will make everything from cups to cat bowls, dishes and dragons, fairy homes and marble mazes. Colorful slip (liquid clay) and glazes will be used to finish the work. There will also be plenty of time for stories and games outside, as well as a chance to try other malleable materials besides clay. All artwork from this class will be fired and ready for pickup a few weeks after the class. Please bring water, lunch and a snack. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 8-12, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

332810 Dinosaurs Galore

Ages 6-10

Lahri Bond

Dinosaurs roam in the Pioneer Valley! Terrific T-Rexes, beautiful Brontosaurus, and sensational Stegosaurus will all be fashioned by combining paper, glue, paint, and ingenuity. We'll create real and imagined dinosaurs on paper and in colossal three-dimensional sculptures. The class will also take a trip to the Beneski Museum of Natural History (Amherst College) to draw the bones of real dinosaurs that once roamed the Pioneer Valley. Please bring a bag lunch, a snack and your imagination. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 15-19, 8:30 a.m.-3:30 p.m., Bangs Center, \$289



332805 Real Toys

Ages 6-10

Deborah Bazer

There was a time when toys were made not of plastic, but made of everyday materials that children could construct themselves. Using natural and recycled materials, students will learn how to create outrageous marble mazes; rolling toys that can be raced; game boards and playing pieces that can be folded up and brought anywhere; as well as fantastic flying and floating toys. Come learn how nutshells, milkweed pods, seashells, cardboard, fabric, needle and thread can make the most extraordinary toys that can't be found at the mall: better still, these are toys that you can make yourself! Please bring a bag lunch, water, a snack and your imagination. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 15-19, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

New This Year

Transportation is available for Amherst residents, Please contact LSSE for details

(413) 259 3065

(413) 259-3065

Week-Long Summer Art Programs



332803 Clay Villages **Ages 7-10**

Deborah Bazer

What would your perfect place to play look like? Would it have a sledding hill; a tree house high atop a sturdy oak in the enchanted forest; a lake with a magical island in the middle, home to unicorns? Come tell your story in words and pictures and then we will build it out of clay, beeswax and other natural and found materials. We will learn the clay building techniques of pinch, coil and slab and finish our clay work using colorful slips (liquid color clay). All clay work will be ready for pick up a few weeks after class and the clay villages will be ready to be played with for a lifetime! Please bring a lunch, water, and snack. Come prepared to get messy. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 22-26, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

332806 Comic Books, Cartoons & Caricatures

Ages 6-10

Lahri Bond

Heroes like Iron Man, Thor, and The Avengers have captured youthful imaginations for ages. Come learn how to draw these characters and invent your own super heroes. Emphasis will be placed on developing basic art skills, such as rendering from geometric shapes, using color and working with line and form, to create exciting picture stories. Well will also make our own masks, symbols and super-gear to become the actual superheroes we have drawn. Please bring a bag lunch, a snack and your imagination. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Jul. 22-26, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

332818 Squish! An exploration of malleable materials **Ages 5-8**

Deborah Bazer

Come explore wonderfully soft “squishy” mediums such as clay from the ground, beeswax and wool fleece. We’ll squish, poke and push, each material into sculpture, bowls, cups, wool pictures and toys, while comparing how each feels differently in our hands. Please bring lunch, water and a snack and come prepared to get messy. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Aug. 5-9, 8:30 a.m.-1:00 p.m., Bangs Center, \$185

332816 Myth, Music and Merriment **Ages 7-11**

Lahri Bond

Come and enjoy a mythical, magical week of creating miraculous artwork for show and for play. Hear tales of wizards, dragons, mermaids, selchies, brave princesses and beautiful knights from a wide variety of cultures and traditions. We will then translate these stories into drawings, paper mache sculpture, as well as real musical instruments such as shakers, rain sticks and drums. There will also be plenty of time spent outside, for games, snacks, lunches, and playing music with the instruments we have made. Please bring snack, lunch and water. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Aug. 12-16, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

332815 Branching Out

Ages 7-11

Deborah Bazer

Come explore the forest and create nature-inspired art. We will start by making our own sketch books to capture all that we experience in the forest through words and pictures. We’ll fill the sketch book with drawings, paintings and prints. Our beautiful brushes will be made out of sticks, hair, wool, leaves and fur. We’ll even experiment with making paints and inks out of berry juice, clay, nut shells and other natural objects. Most of our time will be spent in the woods drawing, making sculpture, playing games, observing, building fairy houses, telling stories and collecting natural materials to use in our artwork. Come prepared to get messy and to do some walking. Please bring a lunch, water and snack. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Aug. 19-23, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

332819 Dog Days of Summer

Ages 7-11

Lahri Bond

Spend the dog days of summer cooling off with us. We will have a doggone great week, doing a wide variety of projects including mask making, face painting, drawing and painting. We also take ourselves out for walks to in the woods and parks around Amherst, observing and drawing the natural world. There is a \$10 materials fee due to the instructor at the first class.

Mon.-Fri., Aug. 19-23, 8:30 a.m.-3:30 p.m., Bangs Center, \$289

334508 Leader in Training (LIT) - Summer Program

Ages 14, 15 & 16 welcome!

Maximum 10 participants per week.



LITs will:

1. Learn to be a leader.
2. Gain self confidence.
3. Gain experience in the childcare field.
4. Learn to work with others as part of a team.
5. Receive trained in CPR and First Aid

LIT's will come away with hands-on experience in the following: working with younger campers alongside trained counselors, facilitating and maintaining group dynamics and a safe environment, co-creating and managing activities while putting leadership skills into practice. LITs may also receive an opportunity to earn up to 35 hours of Student Service Learning.

LIT Program Highlights:

- Bus Transportation (if needed)
- LIT Extended Care (if needed)
- Leadership Skills Training
- One-on-one Adult Mentoring

During these sessions, teens will be introduced to skills such as: awareness, collaboration, responsibility, communication, reflective thinking, problem solving, agenda planning, program development, and more! In order to be placed in the LIT program, please register for camp. Once we process your LIT registration, you will receive additional information forms which must be completed by the LIT.

Session A Mon.-Fri., Jun. 24-28, 8:30-4:30 p.m., \$300

Session B Mon.-Fri., Jul. 15-19, 8:30-4:30 p.m., \$300

Session C Mon.-Fri., Jul. 22-26, 8:30-4:30 p.m., \$300

Session D Mon.-Fri., Jul. 29-Aug. 2, 8:30-4:30 p.m., \$300

Session E Mon.-Fri., Aug. 5-9, 8:30-4:30 p.m., \$300

Session F Mon.-Fri., Aug. 12-16, 8:30-4:30 p.m., \$300



Photo by Grace Marczuk



334505 Español Para Todos! (Spanish for All!)

Ages 8-11



Photo by Grace Marczuk

Mario Perez

Hola amigos! Want to learn Spanish or practice more? LSSE's Spanish summer camp for kids offers well-structured programs that combine high quality intensive Spanish language courses with a full schedule of sports and leisure activities en Español, making this camp a fun and rewarding experience for kids. Mario Perez developed and conducts the camp. Originally from El Salvador, he has coached soccer and basketball in Amherst for 3 years. He is also a preferred Spanish language, computers and math substitute teacher at ARPS, and enjoys playing sports at recess. He has two children, ages 7 and 10, a BS in Mechanical Engineering and a Master's in Public Administration.

Aug. 19-23, 8:30-3:30 p.m., \$200

Extended Day Option: Additional \$10 per hour until 5:30

(413) 259-3065

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Summer Day Camps



Photo by Grace Marczuk

This Summer

This summer, Early Adventures and Adventure Playground will be offering many new and exciting programs. Campers will have the opportunity to participate in arts and crafts, games, nature activities, sports programs, and swimming lessons. Each week, activities will focus on a different theme and there will be at least one field trip per week related to that theme.

Field Trips & Special Events

Some field trips scheduled for this summer include the Basketball Hall of Fame, the Children's Museum in Holyoke, The Butterfly Museum, The Zoo at Forest Park, and many more. We also have some super special events planned such as our all-camp talent show, a day of camping outdoors, a Retro Day and Party, Wacky Water Day, a giant treasure hunt, and our annual all-camp Bar-B-Q.

Free Transportation

Buses are provided by the Amherst School Department and are driven by licensed bus drivers. Buses make select stops in the morning and afternoon around Amherst. A bus schedule is provided when you register your child for camp.

Nurturing and Fun

Adventure Playground and Early Adventures are hosted at public school sites in the Town of Amherst. Experienced camp administrators provide for your child a safe and creative environment filled with engaging activities. Camp counselors are mature, responsible people selected for their special abilities, qualifications and their desire to work with children in a camp setting. Criminal background checks are conducted on all camp staff. The camp staff is trained in areas such as human development, program delivery, special needs, safety and camp skills. Many of the staff return year after year and serve as ongoing positive role models for your camper. Early Adventures maintains a staff to camper ratio of 1:5 and Adventure Playground of no more than 1:10. Every camper's safety and well-being is our chief concern. Each camp is supervised by an experienced and trained Camp Director and qualified first-aider. All staff members are first aid and CPR certified.

Summer Day Camps



Photo by Grace Marczuk

This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health. Your child's current physical & immunization record is required by law. There are 8 week-long sessions for Early Adventures & Adventure Playground. All camps are inspected by the Commonwealth of Massachusetts yearly.

Voucher Day Care:

This is a state program that provides financial assistance for qualified low income families. This is a different financial assistance program than that which is provided by LSSE. Please contact New England Farm Workers for more information.

Fee Reductions Available:

Residents of The Town of Amherst who feel they may be eligible for a Fee Reduction should contact LSSE to obtain a Fee Reduction Application. Please allow 1-2 weeks for processing of your fee reduction before registering for day camps. Fee reduction approvals are not retroactive to the date of application. Residents who have a current application on file will not be required to complete a new form for this program. If you are unsure whether your application is current, please contact LSSE at 259-3065.

Payment Plan Options Available:

Please contact Donna Roy at 259-3285 for more information.

Inclusion/Access:

See Inclusion/Accessibility Policy page 45. And, please be sure to fill out and submit an Access & Inclusion form with your registration. Call 259-3065 for more information. Please let us know if your child will be attending the Amherst Summer School program.

Payment:

Payment in FULL is required at the time of registration, unless other arrangement have been made in advance.

(413) 259-3065

Early Adventures & Adventure Playground

Session A: June 24-28

Adventures in Art

Get creative! Explore the arts with various media to bring out each child's unique artistic ability. Engage in exciting creations through the use of acrylic paint, watercolor, sculpture, gimp/beads, collage, and clay.



Photo by Grace Marczuk

Session B: July 1-5 No Camp July 4 Where the Wild Things Are

An entire week dedicated to all kinds of animals - big ones, small ones, scaly, furry, or feathered - this week is sure to be an animal lover's favorite.



Photo by Grace Marczuk

Session C: July 8-12 Wacky Water Week

This week we're off to Lake Wyola for some fun at the lake! We'll explore who & what lives in the waters in our area!



Photo by Grace Marczuk

Session D: July 15-19 Around the World in a Week

Ever travel to far off lands? Ever wish you could? Join us as we explore different countries to understand and appreciate the different cultures around us, which will help us to build friendships and foster a sense of pride in ourselves. Come celebrate the diversity that makes us who we are.

Physical & immunization records are required at the time of registration.

* All sessions will provide arts & crafts, swimming lessons, free swim, a field trip, sports, and much more.



Photo by Grace Marczuk

Session E: July 22-26 Team Building
 Sportsmanship, friendship, competition, and fairness all come into play this week as we break into two teams and have fun cheering the other team on! Learn team building skills while engaging in some of your favorite activities. Let the games begin!

Sessions F: July 29-Aug. 2 Off Broadway
 Get ready for the stage! Whether you are ready to perform or prefer to set the scene backstage, make costumes, write scripts, act, sing, or dance! Our annual talent show takes place this week!

Session G: Aug. 5-9 Out With a Bang!
 We're ending our summer with a week's worth of fun and silliness! We're going Retro one day; wearing our PJ's to camp another; and coming to camp as one of our favorite movie or book charcters another. Join us as we go out with a bang!

Session H: Aug. 12-16 Trip Week
 We're going places before we go back to school!



Photo by Grace Marczuk

Early Adventures and Adventure Playground will be held at the Middle School.

334500 Cost per week Early Adventures Ages 5-6		
Weeks A, C-G 8:30-4:00 p.m.	\$236	8:30-5:00 p.m. \$272
Week B (with holiday) 8:30-4:00 p.m.	\$190	8:30-5:00 p.m. \$227

334501 Cost per week Adventure Playground Ages 7-11		
Weeks A, C-G 8:30-4:00 p.m.	\$219	8:30-5:00 p.m. \$240
Week B (with holiday) 8:30-4:00 p.m.	\$180	8:30-5:00 p.m. \$195

334504 Cost per week Sports Plus Option Ages 7-11		
Weeks A, C-F 12:00-4:00 p.m.	\$99 plus the price of the sports camp	
12:00-5:00 p.m.	\$120 plus the price of the sports camp	
Week B 1:00-4:00 p.m.	\$79 plus the price of the sports camp	
1:00-5:00 p.m.	\$99 plus the price of the sports camp	



(Look for the Sports Plus icon in the Sports Camps section)

Physicals & immunization records are required at the time of registration.

* All sessions will provide arts & crafts, swimming lessons, free swim, a field trip, sports, and much more.

(413) 259-3065

Sports Plus!

Day Camp and Sports Camp together!



Photo by Sean Werle

334504

Ages 7-11. Sign your child up for their morning sports camp experience and have them met by our Adventure Playground Day Camp staff for their fun-filled afternoon. During the afternoon they'll have the opportunity to participate in swimming, nature activities, games, arts and crafts and more! The camp is staffed by responsible administrators and counselors who are selected for their special abilities, qualifications, and their desire to work with children in a camp setting. Adventure Playground operates until 4:00 p.m. and is located at Amherst Middle School. An extended day feature can also be added which allows your child to stay at camp until 5:00 p.m. *There is no camp on **July 4**.

See page 20-21 for Adventure Playground information, prices and other details.

The following is a list of the sports camps that are included as part of the



option:

Week 1: 6/24-6/28	Baseball Camp Soccer Camp	Week 5: 7/22-7/26	Boys' Lacrosse Camp Tennis
Week 2: 7/1- 7/5*	Coed Basketball Camp Softball Camp	Week 6: 7/29-8/2	Coed Basketball Camp Soccer Camp
Week 3: 7/8-7/12	Softball Camp		
Week 4: 7/15-7/19	Baseball Camp		

Price: Week 1, 3-6 \$278 until 4:00 p.m. \$299 until 5:00 p.m. (price includes cost of the sports camp and Adventure Playground)
 Week 2 \$258 until 4:00 p.m. \$278 until 5:00 p.m. (price includes cost of the sports camp and Adventure Playground)

2013 LSSE Summer Sports Camps

Current immunization records and medical exams (within the past two years) are required for all sports campers at registration. If current records were provided last year, you may disregard this requirement. Registrations will not be accepted without proper medical records.



Photo by Sean Werle

335105 Softball & Volleyball Camp

Sports Plus

Kacey Schmitt

For all levels. This camp is a wonderful opportunity to learn two different sports. Softball will be offered in the morning and Volleyball in the afternoon! Pick one camp or sign up for both at a discounted rate. Each camp will emphasize instruction, drills, games, learning the rules of each sport, and having fun. Coach Schmitt is the Girls' Varsity Softball & Volleyball Coach at ARHS. Each participant should bring a water bottle. Each camper will need to supply his/her own lunch if attending both camps. *There will be no camp on July 4th.

Session A Softball

Ages 6-11

Mon.-Fri., Jul. 1-5*, 9:00 a.m.-1:00 p.m., Community Field, \$179

Session B Softball

Ages 9-15

Mon.-Fri., Jul. 8-12, 9:00 a.m.-12:00 p.m., Community Field \$179

Session C Volleyball

Ages 10-15

Mon.-Fri., Jul. 8-12, 1:00-4:00 p.m., High School Gym, \$179

Sessions B & C Both Camps/Full Day

Ages 10-15

Mon.-Fri., Jul. 8-12, 9:00 a.m.-4:00 p.m., High School, \$339

335102 Baseball Camp

Sports Plus

Ages 8-12

Greg Vouros

For all levels. This camp is for boys and girls who want to learn and/or improve on the fundamental skills of pitching, batting, fielding, and position play. The camp is a perfect complementary program for those children already involved in league play and/or for those who are interested in refining their skills. Coach Vouros is the varsity baseball coach at Amherst Regional High School and 2010 Division 1 State Champions! Each participant should bring a water bottle. Rain location: High School Gym.

Session A

Mon.-Fri., Jun. 24-28, 9:00 a.m.-12:00 p.m., Community Field, \$179

Session B

Mon.-Fri., Jul. 15-19, 9:00 a.m.-12:00 p.m., Community Field, \$179

335101 Advanced Baseball Camp

Ages 12-15

Greg Vouros

This camp will creatively and enthusiastically teach the fundamental skills of baseball, and introduce players to what it takes to succeed mentally and physically at the high school level. Coach Vouros is the varsity baseball coach at ARHS and 2010 Division 1 State Champions! His staff will include current and former coaches and players who are fully dedicated to the youth baseball program in Amherst. Each participant should bring a water bottle. Rain location: HS gym.

Mon.-Fri., Jul. 15-19, 1:00-4:00 p.m., Ziomek Field, \$179



(413) 259-3065

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Summer Sports Camps



Photo by Sean Werle

335178 Amherst Girls Basketball Camp Ages 10-16

Liz Kay

For girls of all ability levels, ages 10-16. This camp offers the chance for girls to learn the most up to date basketball skills, develop leadership, and improve basketball IQ in a fun and competitive atmosphere. It is specifically designed to target developing female players using the methods Amherst High School Varsity Coach Liz Kay has used for the last 15 years. With a proven record of team success and individual improvement, Coach Kay has coached in two high school state championships, AAU national championship tournaments, and sent numerous players on to all levels of collegiate basketball. Camp highlights include an atmosphere of hard work, discipline, enthusiasm, encouragement, and skill mastery; detailed instruction from the coaching staff; daily emphasis on fundamental development and team play; and a basketball camp t-shirt.

Mon.-Fri., Aug. 12-16, 9:00 a.m.-12:00 p.m., High School Gym, \$179



335163 Complete Player Basketball Ages 10-17 Dwayne Killings & Jamahl Jackson

Ages 10-17. Complete Player Basketball Camp teaches boys & girls the fundamentals of basketball in a fun and competitive atmosphere. These Amherst Regional alums have grouped their playing and coaching experience together to take your game to the next level. Each camper is given detailed coaching on a daily basis on all aspects of the game to include ball handling, rebounding, defense, passing, shooting, and much, much more. Camp directors are Dwayne Killings-Assistant Coach Temple University and Jamahl Jackson-Head Coach Emmanuel College.

Mon.-Fri., Aug. 5-9, 9:00 a.m.-3:00 p.m., High School Gym, \$209

Current immunization records & medical exams are required for ALL campers at the time of registration.

335164 Coed Beginner Basketball Camp Ages 6-10 Kathy Horrigan

This camp is for boys & girls who want to learn the basic fundamentals of basketball. Participants will receive instruction on dribbling, passing, shooting, rebounding, basic offensive and defensive techniques/strategies, as well as rules of the game. This camp is intended for beginner/intermediate players who want to play better basketball at the recreational level. Each participant should bring a water bottle.

***There is no camp on July 4.**

Session A

Mon.-Fri., Jul. 1-5*, 9:00 a.m.-1:00 p.m., Fort River Gym, \$179

Session B

Mon.-Fri., Jul. 29-Aug. 2, 9:00 a.m.-12:00 p.m., Fort River Gym \$179



Sports Plus

Sports Plus

Summer Sports Camps



Photo by Sean Werle

335113 Point and Post Basketball Camp

Ages 13-17



Steve Jefferson & Willie Pope

This camp is for boys and girls of all skill levels who want to increase their basketball IQ and skill level with coaches who are dedicated to teaching basketball fundamentals. Steve Jefferson brings years of experience as a college player, coach and as a high school/college basketball official along with Willie Pope, high school basketball official and Northampton high school Assistant Varsity boys basketball coach. The skills and information taught will give players a better understanding of how to play the game more effectively as a guard and post player duo. Players will learn the fundamental skills necessary to play an effective two man game within a team concept with great emphasis on individual skill development. Daily workouts will focus on developing chemistry between guards and post players, teamwork and skill set in the areas of offense, defense, ball handling, footwork, midrange game, passing, transition, rebounding and shooting. Utilizing 2 man drills, players will work to improve their skills to the level of some of the games most successful guard/ post player tandems such as the Utah Jazz John Stockton and Carl Malone masters of the Pick-n-Roll Offense, San-Antonio Spurs Tony Parker and Tim Duncan, to the high energy of Oklahoma Thunder's Kevin Durant and Russell Westbrook.

Mon.-Fri., Jul. 8-12, 9:00 a.m.-12:00 p.m., High School Gym, \$179

335109 Footlocker Basketball Camp Ages 7-16

335110 "Blue Chip" Basketball Camp Ages 8-16

Dennis Jackson

Dennis Jackson

FOR ALL LEVELS. Footlocker Basketball Camp is for beginning or recreational basketball players 7 – 16 years old who want to learn how to play the game the right way. Basketball is a skills game with intensive play. You will simply learn the fundamentals needed to succeed. Coach Jackson has 30 years of coaching experience at the high school, college and professional levels and, "guarantees the basketball skills mastered here (shooting, ball handling, passing, defense, etc.) will elevate your game dramatically and teach the essential tools needed to uplift your play in this fast-paced game today." Each participant will receive a camp tee shirt, team picture, and certificate. Camp ends at 2 p.m. on Fridays.

FOR MORE ADVANCED PLAYERS. The Blue Chip Basketball Camp is designed for individuals 8 – 17 years old who are inspired to become better players. We specialize in basketball skill development for youth focusing on: dribbling, shooting, rebounding, passing, person to person defense, with excellent in-game competition. According to Coach Jackson, "shooting is a lost art...but shooting can make up for everything in the game of basketball". Coach Jackson has 30 years of coaching experience at the high school, college and professional levels. You will learn how to shoot better and transfer all the different shots (ie. step back shot, up and under shot, jump hook, jump shot, baby hook, foul shooting, etc.). If you are inspired to play on the suburban, travel, seventh and eighth grade, freshmen, JV or high school varsity teams, this is the camp for you. Every camper will receive a camp tee shirt, individual team camp picture, and certificate. Camp ends at 2 p.m. on Fridays.

Session A

Mon.-Fri., Jun. 24-28, 9:00 a.m.-3:00 p.m., High School Gym, \$209

Session A

Mon.-Fri., Jul. 15-19, 9:00 a.m.-3:00 p.m., High School Gym, \$209

Session B

Mon.-Fri., Jul. 22-26, 9:00 a.m.-3:00 p.m., High School Gym, \$209

Session B

Mon.-Fri., Jul. 29-Aug. 2, 9:00 a.m.-3:00 p.m., High School Gym, \$209



Current immunization records & medical exams are required for ALL campers at the time of registration.

(413) 259-3065

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Summer Sports Camps

Ages 8-12

NEW

335179 Advantage Keeper Academy

CJ Holt and Staff

This program is for boys and girls and designed to enhance the technique of young Keepers with a fun, form-based learning approach. Advantage Keeper Academy will prepare each keeper for the upcoming season, as well as provide them with the correct approach to both practice and game day routines. Advantage Soccer Academy instructs at every level so that the beginning recreational player to the experienced player will be equally challenged. The coaching staff will work with all players on improving the various skill-sets related to becoming a complete keeper. Staff will take the extra time needed to focus on each keeper's area of need. The coaching staff will work on advancing and correcting technique for keepers, as well as elements strategy. This is a complete keeper program designed to get the inexperienced player comfortable moving as a keeper, the experienced player more proficient as a keeper and advanced player ready to take their game to the next level. CJ Holt is currently the Girls Varsity coach at Amherst Regional High School and the U18 Boys Asst. Coach for the Western MA Pioneers. C.J. has a combined 21 years of coaching experience at the youth, club, high school & college levels. CJ will be assisted by Allan Kuusisto (Amherst High Keeper Coach).

Mon-Wed, Jul. 1-3, 8:30 a.m.-12:00 p.m., High School Fields, \$149

Sports Plus

335116 Soccer Camp

Michael Rudd

For boys and girls of all levels. Come learn from the Michael Rudd, varsity boys' soccer coach at Amherst high school, Division 1 coach of the year for the WMass champions and state finalist boys' team in 2012. The camp's primary purpose is to show your child why soccer is called "the beautiful game." Each morning, players will be able to find the joy and freedom of expression that all those who love the game discover. This begins with the development of ball skills and extends to small-sided games in which a player can learn the meaning of being a teammate. By the end of the session, our hope is that your child falls in love with soccer. Each participant should bring a water bottle and their own soccer ball with their name on it. Rain location: High School Gym

Mon.-Fri, Jun. 24-28, 9:00 a.m.-12:00 p.m., High School Fields \$179

Ages 7-12



335117 Soccer Camp

Mike Fiscella

For all levels. This camp is for boys and girls who want to improve their overall soccer game through the development of better foot skills. Each participant should bring a water bottle and **their own soccer ball**. Rain location: High School Gym.

Mon.-Fri., Jul. 29-Aug. 2, 9:00 a.m.-12:00 p.m., High School Fields, \$179

Sports Plus

Ages 7-14

Current immunization records & medical exams are required for ALL campers at the time of registration.

AMHERST LEISURE SERVICES

July 15-19 & August 5- 9

at Amherst Regional High School Fields

Sign up online before **May 31st** or **June 21st** (for respective weeks) to receive your FREE jersey.

9am – 12pm Half Day: Ages 7-14 \$179*

9am – 3pm Full Day: Ages 7-14 \$239*

* Add \$10 to camp if registration not received 10 days prior to the start of camp.

All Campers will receive a ball and t-shirt

Please remember water, sunscreen, shin guards and a healthy snack each day. Also, please remember to bring a packed lunch if you are attending the Full Day program.

ONLINE REGISTRATION ONLY @ www.challengersports.com

For more information contact Steve Hughes @

Tel: 401-213-0463 or email: shughes@challengersports.com

*In order to complete the registration please submit copies of your child's current (past 24 months) physical and immunization records.

Mail to:

Brittany Emin, 94A Jefferson Boulevard, Warwick, RI 02888
Or Email to: benin@challengersports.com

Without these documents participation in camp activities will not be permitted.

Deadlines: July 5th & July 26th



This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the local board of health.

Summer Sports Camps



Photo by Sean Werle

335104 Youth Tennis Camp

Ages 5-18

Ryan Diplock and Maya Hart

For all levels. Participants will be grouped by age and ability. Ryan Diplock is in his 7th year teaching LSSE Tennis camps, captained the Amherst Varsity team and has taught at Nike camps and Judy Dixon's UMass camp. Maya Hart was WMass champion '09-'11 for Amherst HS, MA state champion in 2011 and nationally ranked throughout junior career and top 10 in New England throughout junior career. She is currently a member of the Williams College tennis team. Camp participants should wear appropriate attire: t-shirts, shorts, and tennis shoes with light-colored soles. Participants should bring their own rackets and a water bottle.

Session A

Ages 5-7

Mon.-Fri., Jul. 22-26, 9:00 a.m.-10:00 a.m., Hampshire College, \$79

Session B

Ages 8-18

Mon.-Fri., Jul. 22-26, 9:00 a.m.-12:00 p.m., Hampshire College, \$179

Session C

Ages 5-7

Mon.-Fri., Jul. 29-Aug. 2, 9:00 a.m.-10:00 a.m., Hampshire College, \$79

Session D

Ages 8-18

Mon.-Fri., Jul. 29-Aug. 2, 9:00 a.m.-12:00 p.m., Hampshire College, \$179

(413) 259-3065

335119 Advanced Tennis Camp

Ages 13-18

Ryan Diplock and Maya Hart

This camp is for kids who are interested in playing competitive tennis, either on their school team or in USTA-sanctioned tournaments. The camp will focus on court positioning, shot selection, spin, footwork, fitness, mental tennis, etc. Drills and instruction will be followed by two-on-one games, match play, and a tournament at the week's end. Participants should bring their own rackets and a water bottle.

Mon.-Fri., Jul. 29-Aug. 2, 1:00-4:00 p.m., Hampshire College, \$199

Sports
Plus

Current immunization records & medical exams are required for ALL campers at the time of registration.

Register Now

www.lsse.org

Summer Sports Camps



Photo courtesy of Brian Cook

335161 Boys' Lacrosse Camp



Ages 7-12

Chris Johnson

All ability levels are welcome to participate. These camps will focus primarily on the basic fundamentals of lacrosse, including: stick protection; ground balls; throwing and catching; footwork; and shooting on goal. The goal is for players to learn and improve their stick skills and also learn the basic strategies of the game through team play and stimulated games. Each participant should bring their own lacrosse stick, helmet, pads, and water bottle to the camp.

Mon.-Fri., Jul. 22-26, 9:00 a.m.-12:00 p.m., HS Lacrosse Field
\$179

335111 Ultimate Frisbee Camp

Tiina Booth & Staff

Whether you are brand new to the sport, or have some playing experience, we will be able to offer a camp that matches a camper's level of interest and skill. All camps are directed by Tiina Booth or members of her staff. Counselors are past and present players of ARHS or other schools all of whom have extensive experience playing and coaching their favorite sport. Ultimate Frisbee is a non-contact sport that combines the fast-paced action of soccer with skills and strategies similar to basketball and football. Participants will learn basic throws, defensive skills and offensive patterns through drills, exercises and actual games. Each camper should bring cleats, a water bottle and snack and will receive a camp disc and shirt. ***There is no camp on July 4.**

Jun. 24-28, Mon.-Fri., 9:00 a.m. - 12:00 p.m., Groff Park, \$179

Session A	Beginner Co-ed	Ages 9-12
Session B	Advanced Co-ed	Ages 11-16

**Jul. 1-5* Mon.-Fri., 9:00 a.m - 1:00 p.m., Groff Park , \$179
(There is no camp on July 4.)**

Session C	Girls Advanced	Ages 11-16
Session D	Beginner Co-ed	Ages 9-12
Session E	Boys Advanced	Ages 11-16

Jul. 8-12, Mon.-Fri., 9:00 a.m. - 12:00 p.m., Groff Park, \$179

Session F	Beginner Co-ed	Ages 9-12
Session G	Advanced Co-ed	Ages 11-16

Current immunization records & medical exams are required for ALL campers at the time of registration.



National Ultimate Training Camps (NUTC)



Photo courtesy of Brian Cook

335107 NUTC PREP

Ages 12-14

NEW

Tiina Booth

Ultimate has experienced unprecedented growth in the last twelve months: highlights on ESPN, professional leagues, live streaming and more. More people than ever are learning about our sport and, in that spirit, the National Ultimate Training Camp is expanding its offerings to include a session for middle school players!

NUTC Prep will offer the same excellence in teaching and coaching as regular NUTC, but this session will be tailored to meet the needs of younger players who are just being introduced to the sport. Counselors will spend time teaching the fundamentals to all campers, as well as provide competitive experiences through scrimmaging and a camp tournament. This session will not be as physically rigorous as our regular NUTC sessions, but counselors will still encourage campers to become the best players they can be!

Campers will also enjoy a Camper/Counselor game, Trade Night, daily swimming, disc golf and other activities. The staff of NUTC is very excited about this new venture and looks forward to welcoming a new generation of players to the NUTC community!

Sat.-Thurs., Jul. 27-Aug. 1, Amherst College

Day Camp \$689 by 6/1; \$739 after

Overnight (resident) \$745 by 6/1; \$795 after

Overnight (non-resident) \$799 by 6/1 \$849 after

Current immunization records & medical exams are required for ALL campers at the time of registration.

Register Now

www.lsse.org

(413) 259-3065

335106 NUTC

Ages 14-18

Tiina Booth

In 2001 Amherst Leisure Services and Tiina Booth launched the first overnight ultimate camp in the United States! Since then, campers from as far away as California, Colorado, Washington, Colombia and South Africa have traveled to Amherst to join local players at the National Ultimate Training Camp. These intensive camps are open to both boys and girls. From daily drills to skills competitions to an all-camp tournament, campers will spend five days and night immersed in the sport of ultimate. Evening activities include a Camper v. Counselor Game, Trade Night and Talent Show. All sessions will be directed by Tiina Booth, coach of the ARHS boys varsity ultimate team. Booth has won numerous national and world titles as a coach, and is also the co-author of *Essential Ultimate*, an introductory book about ultimate for players, teachers and coaches. Booth will be assisted by a staff of skilled counselors and guest instructors from around the U.S., all of who have spent years playing and coaching their favorite sport. Every member of the NUTC staff knows the importance of being a great teacher as well as a great player, and counselors will provide exceptional guidance and supervision, both on and off the field. **For more information, please visit our website at www.nutc.net.**

Session A Sat.-Thur., July 6-11, Amherst College

Day Camp \$689 by 6/1; \$739 after

Overnight (resident) \$745 by 6/1; \$795 after

Overnight (non-resident) \$799 by 6/1, \$849 after

Session B Sat.-Thur., July 13-18, Amherst College

Day Camp \$689 by 6/1; \$739 after

Overnight (resident) \$745 by 6/1; \$795 after

Overnight (non-resident) \$799 by 6/1; \$849 after

Session C Sat.-Thur., July 20-25, Amherst College

Day Camp \$689 by 6/1; \$739 after

Overnight (resident) \$745 by 6/1; \$795 after

Overnight (non-resident) \$799 by 6/1; \$849 after

War Memorial Pool

Community Field, Triangle St., 413-362-9256
Open Saturday, June 22 -August 25, 2013



Photo by Grace Marczuk

Announcing More Open Swim Times

Activity	Monday-Friday	Saturday & Sunday
LSSE Day Camp Lessons	9:00 a.m.-11:00 a.m.	
Adult Lap Swim		10:00 a.m.-12:00 p.m.
Open Swim**	11:00 a.m.-5:00 p.m.	12:00-6:00 p.m.
Youth Swim Lessons	5:00-7:00 p.m.	
Open Swim**/Adult Laps	7:00-8:00 p.m.	

**Open Swim- Children under 12 must be accompanied by a person 16 or older.

Wading Pools Open June 22

Operational Hours:

Mon.-Fri.: 11:00 a.m.- 4:30 p.m.
Sat. & Sun.: 11:00 a.m.- 6:00 p.m.

Closing Dates:

War Memorial: Sunday, August 25, 2013
Mill River: Sunday, August 25 2013
Groff Park: Sunday, August 25, 2013

Mill River Pool

Mill River Recreation Area, Montague Rd., 413-549-6875
Open Saturday, June 22 - August 25, 2013

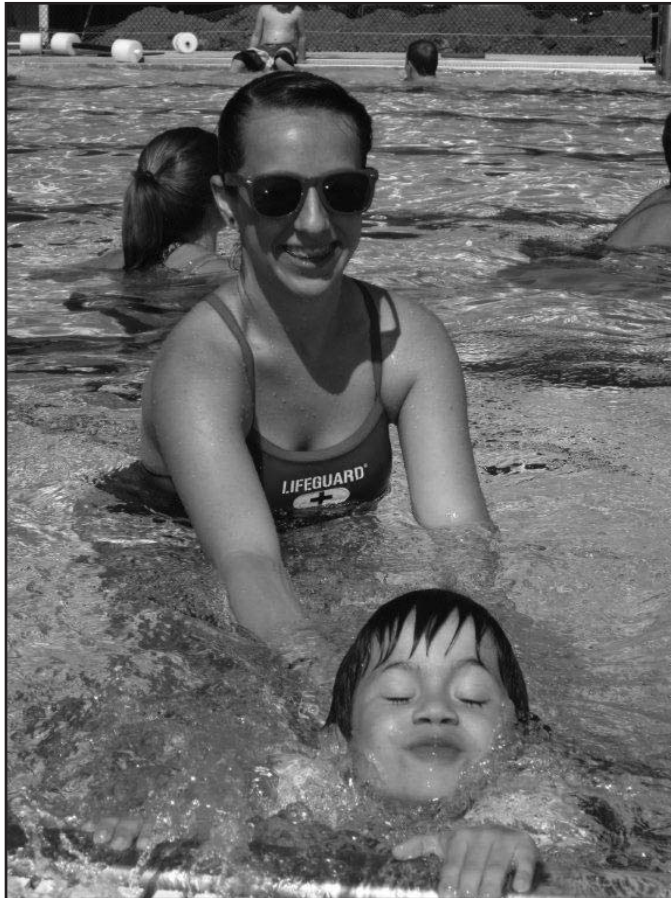


Photo by Grace Marczuk

Special Notes

Wading pools are intended for use by young children (6 and under) and their parents. Older children/teens may be asked to leave.

Food/drink are not allowed in the swimming areas or locker rooms. The cashier will gladly check your coolers in the pool house while you swim.

Floation devices (bubbles, arm floats, etc.) are NOT permitted.

-Handicap accessible lift available
*Locker room doors lock 15 minutes after closing
July 4 will follow a "weekend" schedule

Activity	Monday-Friday	Saturday & Sunday
Adult Lap	6:30 a.m.-9:00 a.m. 10:00 a.m.-1:00 p.m.	10:00 a.m.- 1:00 p.m.
Open Swim**	1:00 p.m.- 5:00 p.m.	1:00- 6:00 p.m.
Youth Swim Lessons	5:00-7:00 p.m.	
Open Swim**/Adult Laps	7:00-8:00 p.m.	

**Open Swim - Children under 12 must be accompanied by a person 16 or older.

If your child cannot pass the swimming test, then you must be in the pool accompanying them for safety reasons.

(413) 259-3065



Photo by Grace Marczuk

Daily Admission Fees

Amherst Residents

Adult	\$6
Youth/Senior	\$5

Nonresidents

Adult	\$8
Youth/Senior	\$7

334000 Pool Admission/Membership Fees

Membership Dates

Full Summer	June 22- August 25, 2013
1 st Half Summer	June 22 - July 24, 2013
2 nd Half Summer	July 25 - August 25, 2013

Pool memberships may be purchased at the pool during operational hours and through the LSSE office.

Pool Memberships June 22, 2013-August 25, 2013

Amherst Residents

	<u>Full Summer</u>	<u>Half Summer</u>
Family* (2+)	\$209	\$129
Adult	\$129	\$85
Senior (62+ yrs.) /Teen (13-18 yrs.)	\$109	\$75

Amherst-Pelham Regional School

	<u>Full Summer</u>	<u>Half Summer</u>
<u>Residents</u>		
Family* (2+)	\$215	\$139
Adult	\$135	\$95
Senior (62+ yrs.) /Teen (13-18 yrs.)	\$119	\$85

Nonresidents

	<u>Full Summer</u>	<u>Half Summer</u>
Family* (2+)	\$229	\$149
Adult	\$145	\$99
Senior (62+ yrs.) /Teen (13-18 yrs.)	\$125	\$89

*Family membership includes only those who live in your household.

Youth Swimming Lessons

Choose the level that best suits your swimmer. Registration is on a first-come first-serve basis.

Parent-Child Program Children 6 months to 3 years

Guppies is an introduction to water with parent or guardian Skills emphasized are:

- Water comfort
- Blowing bubbles
- Socialization

Preschool Program Children in the preschool levels should be between the ages of 3 and 5 years old

Tadpoles

- This is an entry level class
- This is the first class without a parent

Your child is a **Tiny Tuna** if he or she

- Shows little to no fear in the water
- Can front/back float with support and encouragement

Your child is a **Frog** if he or she

- Submerges the whole face in water-no wiping of eyes
- Floats on back/front with support
- Swims independently for 3 body lengths
- SHOWS NO FEAR
- Jumps in
- Blows bubbles

Your child is a **Duckling** if he or she

- Can do five bobs (submerge whole head)
- Jumps into deep water, recovers, swims to wall
- Swims independently (no barbell/bubble) with face in the water; attempting to “reach & pull” for 2 body lengths
- Kicks on back with support for a 1/3 width of pool
- Floats on back with minimal support

Your child is a **Dolphin** if he or she

- Can do fifteen bobs
- Can do a sitting or kneeling dive
- Can do front/back glides
- Back crawls using arms for 1/3 width of pool
- Swims independently with face in, attempting rotary breathing, with elbows/arms out-of-water recovery for 1/3 width of pool
- Can roll from back to front
- Opens eyes under water
- Front/back floats with no support

Youth Program Children in the progression levels Should be between the ages of 6 and 14 years old

Level 1

- This is an entry level class

Your child is a **Level 2** if he or she

- Moves comfortably through the water
- Can fully submerge face
- Demonstrates supported floating & kicking on front & back
- Enters and exits water independently

Your child is a **Level 3** if he or she

- Retrieves underwater objects
- Demonstrates unsupported front and back floats
- Demonstrates rhythmic breathing
- Performs combined stroke on front and back
- Demonstrates turning over
- Performs flutter kick on front and back

Your child is a **Level 4** if he or she

- Retrieves underwater objects with eyes open
- Demonstrates bobbing
- Dives from kneeling positions
- Coordinates components of front and back crawl
- Performs elementary backstroke and treading water

Your child is a **Level 5** if he or she

- Demonstrates deep water bobbing
- Demonstrates rotary breathing
- Can dive from standing position
- Builds endurance by swimming increased distances

Your child is a **Level 6** if he or she

- Demonstrates stride jump entry
- Can dive from the board
- Demonstrates long shallow dive
- Performs the front crawl, back crawl, and elementary backstroke for increased distances
- Performs the breaststroke and sidestroke
- Performs open turn
- Performs feet first surface dive

Summer 2013 Youth Swim Lessons: War Memorial Pool



Photo by Grace Marczuk

334204		There is no class July 4	
June 24-July 5	Monday-Friday	\$65	
5:00-5:25 p.m.	5:30-5:55 p.m.	6:00-6:25 p.m.	6:30-6:55 p.m.
A Tadpole	H Guppies	P Tadpole	V Tiny Tuna
B Tiny Tuna	I Tiny Tuna	Q Level 1	W Frog
C Frog	J Duckling	R Level 2	X Level 2
D Level 2	K Dolphin	S Level 3	Y Level 3
E Level 3	L Level 1	T Level 5*	Z Level 4
	M Level 4	U Level 6*	
334205			
July 15-26	Monday-Friday	\$70	
5:00-5:25 p.m.	5:30-5:55 p.m.	6:00-6:25 p.m.	6:30-6:55 p.m.
A Tadpole	H Guppies	P Tadpole	V Tiny Tuna
B Tiny Tuna	I Tiny Tuna	Q Level 1	W Frog
C Frog	J Duckling	R Level 2	X Level 2
D Level 2	K Dolphin	S Level 3	Y Level 3
E Level 3	L Level 1	T Level 5*	Z Level 4
	M Level 4	U Level 6*	
334206			
August 5-16	Monday-Friday	\$70	
5:00-5:25 p.m.	5:30-5:55 p.m.	6:00-6:25 p.m.	6:30-6:55 p.m.
A Tadpole	H Guppies	P Tadpole	V Tiny Tuna
B Tiny Tuna	I Tiny Tuna	Q Level 1	W Frog
C Frog	J Duckling	R Level 2	X Level 2
D Level 2	K Dolphin	S Level 3	Y Level 3
E Level 3	L Level 1	T Level 5*	Z Level 4
	M Level 4	U Level 6*	

*Level 5 and Level 6 maybe combined.

Summer 2013 Youth Swim Lessons: Mill River Pool



Photo by Grace Marczuk

334201		There is no class July 4	
June 24-July 5	Monday-Friday	\$65	
5:00-5:25 p.m.	5:30-5:55 p.m.	6:00-6:25 p.m.	6:30-6:55 p.m.
A Tadpole	H Guppies	P Tadpole	V Tiny Tuna
B Tiny Tuna	I Tiny Tuna	Q Level 1	W Frog
C Frog	J Duckling	R Level 2	X Level 2
D Level 2	K Dolphin	S Level 3	Y Level 3
E Level 3	L Level 1	T Level 5*	Z Level 4
	M Level 4	U Level 6*	
334202			
July 15-26	Monday-Friday	\$70	
5:00-5:25 p.m.	5:30-5:55 p.m.	6:00-6:25 p.m.	6:30-6:55 p.m.
A Tadpole	H Guppies	P Tadpole	V Tiny Tuna
B Tiny Tuna	I Tiny Tuna	Q Level 1	W Frog
C Frog	J Duckling	R Level 2	X Level 2
D Level 2	K Dolphin	S Level 3	Y Level 3
E Level 3	L Level 1	T Level 5*	Z Level 4
	M Level 4	U Level 6*	
334203			
August 5-16	Monday-Friday	\$70	
5:00-5:25 p.m.	5:30-5:55 p.m.	6:00-6:25 p.m.	6:30-6:55 p.m.
A Tadpole	H Guppies	P Tadpole	V Tiny Tuna
B Tiny Tuna	I Tiny Tuna	Q Level 1	W Frog
C Frog	J Duckling	R Level 2	X Level 2
D Level 2	K Dolphin	S Level 3	Y Level 3
E Level 3	L Level 1	T Level 5*	Z Level 4
	M Level 4	U Level 6*	

*Level 5 and Level 6 maybe combined.

Adult Personal Development

331623 Spanish for Business

Laura Rojo Macleod

Vamos a vivir la experiencia! Join us for a fun social hour to discuss a variety of business and work related topics. This intensive course includes readings, games, projects, crafts, work stations, and conversations to help develop oral competence. The class will guide participants using an eclectic approach, including meaning-negotiation and problem-solving strategies, in the study of Spanish. Laura Rojo Macleod is a native Spanish speaker from Argentina. There is a \$10 materials fee due to the instructor at the first class.

Tues., Jul. 9-Aug. 13, 5:30-7:00 p.m., Bangs Center, \$124



INSTRUCTORS WANTED

for Fall & Winter

Consider sharing your passion and expertise with the community by teaching a course through LSSE!

Calligraphy

Cooking

Languages, Beginning

Music Appreciation, Opera

Photoshop

Pottery

Quickbooks

Web Design

We also welcome new and unique ideas for classes!

If you are interested in teaching a program through

Leisure Services please contact Linda Chalfant at

413-259-3103 or email her at chalfantl@amherstma.gov.

You can also access an application packet online at www.lsse.org, click on "Teach At LSSE"

Adult Visual Arts

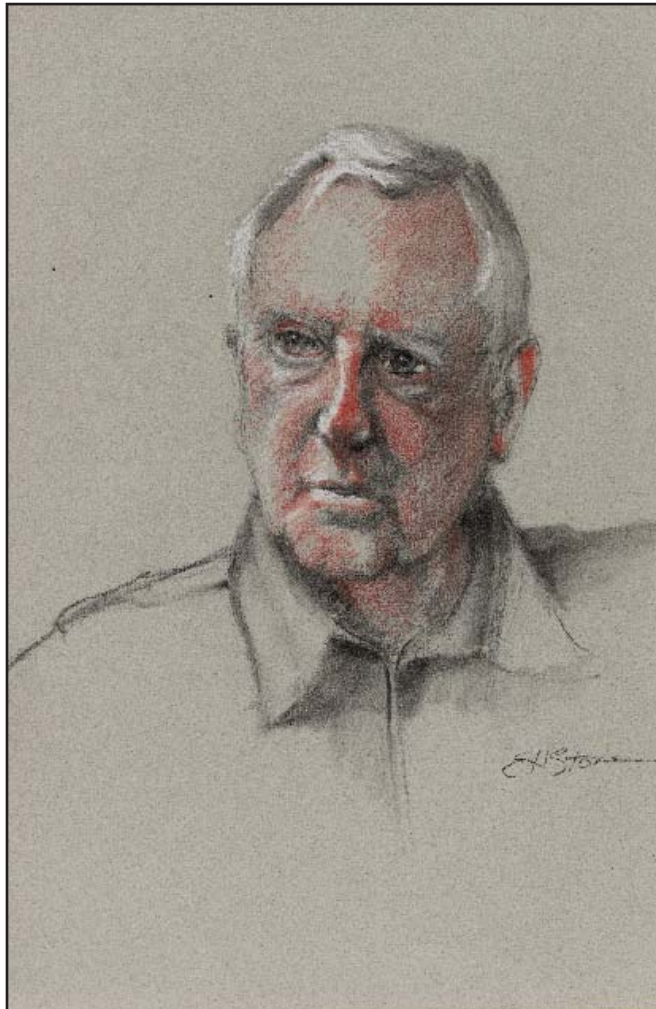


Photo courtesy of Betsy Stone

331120 Glass Jewelry Making

George M'Sadoques

Learn how to design and hand-craft dichroic glass jewelry by fusing layers of glass in a kiln. Class will introduce dichroic glass, how to cut and grind glass, and install bails for pendants. Over the three-class workshop, students will create several pieces of jewelry. Instructor will provide equipment (glass cutters, grinders, and kiln). Experience with glass is not required nor is much strength needed. Another session will be opened once the current one is filled. See on-line registration for more details. There is a \$45 materials fee due to the instructor at the first class. An aerospace engineer who works for life support systems for NASA hardware, George M'Sadoques turns at night to fuse glass projects, which he creates in his home studio.

Mon., Jul. 15-29, 6:00-8:00 p.m., Bangs Center, \$89

331121 Basic Drawing from Eye to Hand

Betsy Stone

Whether you think you can't draw or want to jump to the next skill level, this course will help you learn to see while learning to draw. We will explore line quality, gesture, proportion, and value to develop the eye and hand. Simple materials such as charcoal, pencil, and a limited palette of black, red, and white allow you to focus on expressive drawing. Students will engage in creative exercises and receive individual feedback to develop confidence. Instructor will demonstrate techniques. Elizabeth Stone is a contemporary realist who started painting after a career in the fashion industry. Her work appears in galleries, juried shows, and private collections in the USA. There is a \$15 materials fee due to the instructor at the first class. ehstoneart.com

Wed., Jul. 10-31, 6:00-8:00 p.m., Bangs Center, \$169



Adult Hobbies



Photo courtesy of Pablo Robles

331341 Intro to Digital Photography

Pablo Robles

Capturing the essence of a subject in a memorable way requires more than pressing a button on a camera. This six-week basic photography course will teach you the technical settings on a digital SLR (single lens reflex) camera. You will learn exposure techniques, learn how to white balance a scene, how to use flash, as well as composition and framing. If you own a digital SLR camera and have a passion for taking of artistic pictures, then this class is for you. However, a digital point-and-shoot camera is not appropriate for this class. Assignments will be given. www.mediacompass.org.

Tues., Jul. 9-Aug. 13, 6:00-8:00 p.m., Bangs Center, \$114

331300 Astronomy: Observing the Night Sky

Thomas Whitney

Ages 6 and up. Children must be accompanied by a paying adult. In this program, you will learn to observe, identify, appreciate, and understand sunset, earth shadow, twilight, night, sky color, sky movement, earth rotation, the moon, planets, satellites, asteroids, comets, the Milky Way, constellations, stars, multiple stars, star clusters, aurora, meteors, nebulae, galaxies, and other phenomena. www.astronomyassociation.org/

Fri., 6/21, 7/5, 7/19, 8/2, 8/16, 8/30 7:00-9:00 p.m.
Bassett Planetarium (Amherst College), \$59

331366 Bicycle Maintenance and Repair

Parker Ramspott

Would you like to learn to repair your own bicycle? This course is for beginner/intermediate bicycle mechanics, and includes hands-on work, demonstration, and instruction tailored to individual needs. Feel free to bring your own bicycle. Class is all ages, but children under 14 must be accompanied by an adult (price is per bike). Participants must purchase parts necessary (\$20-\$100 at cost, depending on condition). Instructor will order parts needed after first class. Tools provided or you can bring your own. There is no class on June 16.

Sun., Jun. 9-30, 12:30-2:00 p.m., Laughing Dog Bicycles, Amherst, \$54

(413) 259-3065

331303 Beginner Dog Obedience

Ages 14+

Herb Everett

Learn how to be a responsible dog owner. This class will teach both you and your dog how to be good citizens of the community. Each class will build on the one before. Weekly handouts will be given covering the material from that class. Dogs must be at least 3 months old and up to date on their shots. Remember, no dog is too old to learn. There is no class on July 3.

Wed., Jun. 26-Aug. 7, 6:15-7:15 p.m., Groff Park, \$84

331302 Intermediate Dog Obedience

Ages 14+

Herb Everett

If you and your dog have completed a Beginner Obedience Class, join us to improve your skills! Your dog should be able to do a sit stay and down stay, and walk on a loose leash. The goals for this class are to have your dog walk with you without a leash and to come when called without a leash. Also, the sit and down exercises will be done without the aid of a leash. There is no class on July 3.

Wed., Jun. 26-Aug. 7, 7:30-8:30 p.m., Groff Park, \$84



Adult Performing Arts



Photo courtesy of Terre Unité Parker

331213 Dancing Outside

Terre Unité Parker

Come create and perform a new dance/theatre work. Terre will guide participants through movement warm-ups, explorations of the dance environment, and through the process of composing, rehearsing, and sharing a new work in an informal showing for family and friends. Whether you are a seasoned performer looking for new skills or someone who can't tell their left foot from their right, this intergenerational course is for you if you love being outdoors, want to learn about your body and its creative voice, or are intrigued by the process of collective creativity. There is no class on July 2 and July 4. www.terreparkerdance.net

Tues. & Thur., Jun. 25-Jul. 18, 4:00-7:00 p.m., Mill River Rec. Area \$114

331201 Argentine Tango I

Jacqueline Maidana

Argentine Tango is the world's hottest dance. Learn the basics with the teacher who brought the tango to the Valley. After years of teaching, Ms. Maidana's approach is accessible to all. She not only makes it fun, but will guide you through all of the subtleties of the moves and the musicality. Learn this exciting system of improvisation and join thousands of Tango dancers worldwide. The Salon Style is the place to start. Then, learn other styles like Close Embrace.

Thur., Jul. 11-Aug 15, 6:30-7:30 p.m., Bangs Center, \$84 single/
\$134 couple

38



331207 Argentine Tango 2

Jacqueline Maidana

Open only to those Tango dancers that have previous experience. Argentine Tango is one of the most versatile and exciting dances in the world. First, take the basic Tango classes, and then explore the other extraordinary types of Tango. Students must have taken Tango I, OR get an exemption from the instructor.

Thur., Jul. 11-Aug. 15, 7:30-8:30 p.m., Bangs Center, \$84 single/
\$134 couple

331206 Sorta Dancin' with the Stars

Jacqueline Maidana

Not exactly dancin' with Hollywood stars but maybe the star in your life. Learn an introduction to a new dance every other week, starting with Ballroom Waltz and then the Fox Trot, Swing, and Latin, and the happiest of dances, the Polka. All these dances are very popular and a big hit for weddings.

Thur., Jul. 11-Aug. 15, 5:30-6:30 p.m., Bangs Center, \$84 single/
\$134 couple



www.lsse.org

Adult Health & Fitness



Photo courtesy of Michael Burkart

331432 Self-Defense for Teens and Women

Ages 14+



Michael Burkart with Kelley Strickland

This course provides women with proven techniques that can stop and disable an attacker, regardless of the attacker's size. Men have 40% more muscle mass in their torsos than women. In a strength contest, women generally lose. This martial arts course teaches women and teens self-defense techniques that nullify the strength of an opponent through the use of stepping and angles. The techniques enable a woman to maneuver her attacker to the ground without relying on strength. These techniques of Yin-style Bagua were taught to the Chinese imperial guards.

Mon.-Fri., Aug. 5-9, 1:00-4:30 p.m., Bangs Center, \$179

331401 Yoga

Nancy Paglia

Get rid of tension, joint stiffness, backaches, and pain. Increase your flexibility, improve muscle tone, and experience deep relaxation. Stretching, strengthening, relaxation, and breath awareness exercises will be taught. Please bring a blanket to sit on, and wear loose, comfortable clothing. Nancy received her Master's Degree in Health Education from Trenton State College, and her certification as a yoga instructor from the Kripalu Center for Yoga and Health.

Session A

Mon., Jun. 10-Aug. 19, 9:30-11:00 a.m., Munson Library, \$184

Session B

Thurs., May 30-Aug. 22, 9:30-11:00 a.m., Munson Library, \$198
There is no class on July 4.

331468 Learn About Self-Hypnosis

Ages 18+

Vanessa L. Adams

Learn why Self-Hypnosis works so well and how it can help you! Improve sleep, lower blood pressure, improve performance (work or hobby), let go of doubts and stop feeling needlessly responsible for others, give up smoking, manage weight, and so much more! This class teaches all that you need to do Self-Hypnosis at home. By the end of this class you will be able to put yourself in a hypnotized state using a customized script to achieve specific behavioral change in your life. www.accesschange4u.com

Mon., Jul. 15 & 22, 6:00-9:00 p.m., Bangs Center, \$112



(413) 259-3065

Adult Health & Fitness



Photo courtesy of Alicia Morton

331427 Dance 'N' Stretch with Matwork

Alicia Morton

In a word, this class is fun! Rhythmic movement to music from around the world provides a good workout. Movements are easy to follow and emphasize moving for pleasure. Matwork strengthening exercises for the upper and lower body build core strength. The class ends with stretches. No dance experience necessary! Wear comfortable clothing and clean, soft-soled shoes (if desired). Mats provided. **Special free first class! Mon., June 3.**

Mon., Jun. 10-Jul. 29, 5:00-6:30 p.m., White Barn Studio, \$94

331425 Modern Dance for Beginners **Ages 16+**

Alicia Morton

As an introduction to the pleasures of movement, this class is designed to be accessible to all. Dancer and choreographer Alicia Morton emphasizes centering and using the breath to warm-up so that energy moves in and out from the core. Easy-to-learn patterns moving through the space of the beautiful White Barn Studio will become a dance. The class ends with flowing floor stretches. Wear comfortable clothing for freedom of movement. There is no class on July 4. **Special free first classes! Thur., June 13.**

Thur., Jun. 20-Aug. 1, 7:15-8:30 p.m., White Barn Studio, \$74

331425 Dance 'N' Stretch

Alicia Morton

In a word, this class is fun! Rhythmic movement to music from around the world provides a good workout. Movements are easy to follow and emphasize moving for pleasure. Matwork strengthening exercises for the upper and lower body build core strength. The class ends with stretches. No dance experience necessary! Wear comfortable clothing and clean, soft-soled shoes (if desired). Mats provided. **Special free first class! Wed., June 5.**

Wed. June 12-July 31, 5-6 pm, White Barn Studios, \$84

331426 Core Synergy

Alicia Morton

Exercise specialists recognize the importance of abdominal strength to fitness. This class uses the breath to engage the crucial core muscles through stretching and strengthening exercises designed to tone the core body. Music enhances the engaging and relaxing program. An experienced exercise instructor, Alicia has been teaching in the Pioneer Valley since 1985. Mats are provided or you may bring your own. **Special free first class! Mon., June 3.**

Session A

Thur., Jun. 6-Aug. 1, 6:00-7:00 p.m., White Barn studio, \$84 or \$134 for sessions A & B

No class on July 4.

Session B

Mon., Jun. 10-Jul. 29, 6:45-7:45 p.m., White Barn studio, \$84 or \$134 for sessions A & B



Adult Sports



Photo courtesy of Sonja (Sunny) Meidell

331502 Adult Tennis Lessons Sonja (Sunny) Meidell

Ages 16+

These tennis lessons are for those who want to learn to play tennis (Basic Beginner) and for those who want to begin improving their skills (Intermediate Beginner). You will learn the fundamental skills: strokes, scoring, strategy, and footwork. Please wear tennis shoes (not running shoes) and bring your own racquet. Tennis balls will be provided. Rain date the following Sunday.

Session A

Sat., Jun. 8-29, 10:00-11:00 a.m., Mill River Rec. Area, \$110

Session B

Sat., Aug. 3-24, 10:00-11:00 a.m., Mill River Red. Area \$110



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Adult Sports Leagues & Sandlot Programs



Photo by Anna Beth Winograd

Call 259-3066
for weather-related
cancellations

Register Now
www.lsse.org

335448 Adult “Sandlot” Soccer **Ages 16+**

This program is set up for soccer enthusiasts who just want to show up and play each night, without committing to a more formal league. All levels of ability are welcome to play, though basic soccer skills would be helpful and add to your enjoyment of this program. Cleats are recommended but not necessary. Questions? Contact Mark Miville @ 259-3144.

Mon., Now-Nov. 4, 5:30 p.m.-dark, Plum Brook Rec Area, \$5 daily or \$75 for season pass

345400A Adult “Sandlot” Volleyball **Ages 16+**

This program is set up for volleyball enthusiasts who just want to show up and play each night, without committing to a more formal league. The two time slots have been set up so beginner/intermediate players can play with similarly skilled players in the first time slot (7:15-8:30pm) and stronger intermediate/advanced players can play against each other in the second time slot (8:30-9:45pm). Please wear non-marking sneakers.

Tue., Now-Jun. 18, \$5 daily, Middle School Gym
Open Rec., 7:15-8:30 p.m., Inter./Advanced 8:30-9:45 p.m.

335405 Adult “Sandlot” Baseball **Ages 16+**

Do you miss baseball? If so, we have the program for you- afternoons filled with playing catch, taking batting practice, fielding grounders, and playing pick-up baseball games. This is a VERY informal program with a focus on having fun. There will be NO leagues, NO uniforms, and NO tolerance for overly competitive players. You should bring a glove and a WOODEN bat (no aluminum) and we will supply the baseballs. E-mail Steve Walkowicz at stevewalkowicz@gmail.com to be added to the weekly e-mail updates and list of players. All levels of ability are welcome. \$5 daily or \$50 for the season.

Sun., Now-Nov. 3, 4:00-6:00 p.m., MS Baseball Field

335300 Summer Ultimate League of Amherst

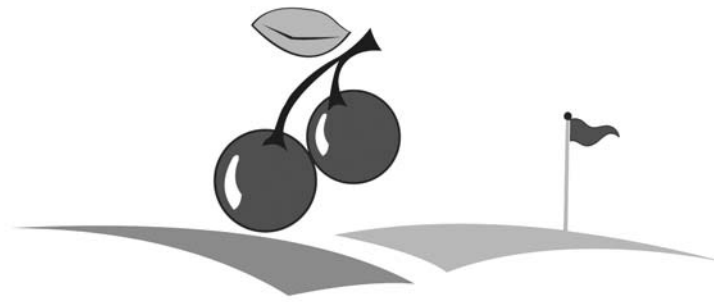
Are you ready for the **Ultimate** experience? If the answer is yes, plan on joining us for another exciting summer of Ultimate Frisbee. This fun league is geared for people who want to enjoy the thrill and excitement of Ultimate Frisbee. Never played before? No problem; all levels of ability are welcome to join! All players will be assigned to a team. If you have questions regarding women or rec programs program, please call Nathan Salwen or Susan Morrello at 256-6463 or email at salwen.1@gmail.com. Adult Competitive division will be directed by Robin Stewart DeMartino, robinstewartdemartino@gmail.com. Once registered through LSSE, players should visit www.suladisc.org.

Session A Adult Recreational (Coed) **Ages 14+**
Thurs., Jun. 20-Aug. 8, 6:00 p.m., Plum Brook Rec Area, \$45

Session B Adult Competitive (Coed) **Ages 15+**
Wed., Jun. 19-Aug. 7, 6:00 p.m., Plum Brook Rec Area, \$45

Session C Women Only **Ages 14+**
Mon., Jun. 17-Aug. 5, 6:00 p.m., Plum Brook Rec Area, \$45

www.lsse.org



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9 holes	\$15
18 holes	\$21
9 holes Jr. (17 and under)	\$14
18 holes Jr. (17 and under)	\$18
Back 9	\$6

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9 holes	\$17
18 holes	\$23
9 holes Jr. (17 and under)	\$15
18 holes Jr. (17 and under)	\$20
Back 9	\$6

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- ❖ Two Seniors and a cart Just \$30 (M-F 7a.m.-1p.m.)
- ❖ Twilight After 5 Rate- 9 holes just \$13

Sticks for Kids FREE

Youth Clinic
Saturday, June 8th, 1:30-3:00 p.m.

	<i>Resident</i>	<i>Non-resident</i>
Regular	\$609	\$660
Junior added to Regular	\$150	\$170
Senior (62+)	\$494	\$545
Junior (17 and under)	\$168	\$187
Couple	\$1103	\$1210
Senior Couple	\$935	\$1029
College Student w/ ID	\$399	Same
Corporate (call for details)	\$1650	Same

For Information call 256-4071. Cherry Hill Golf Course is located at 323 Montague Rd., North Amherst

Information

Fee Reduction Program

The LSSE Department and Commission recognize that the charging of fees for programs may place such an economic hardship on some individuals that they are unable to participate. For that reason, LSSE is pleased to announce that all programs are available at a reduced rate to qualified **Amherst** residents (certain restrictions will apply). Contact the LSSE office to apply. Please allow 1-2 weeks for processing.

Insurance/Liability

Many leisure activities have inherent risks associated with participation. The Amherst Leisure Services and Supplemental Education Department is not able to provide accident or hospitalization insurance for program participants. Therefore, all participants are strongly advised to have adequate personal coverage. Participation in all department programs shall be at the registrant's own risk.

Nonresident Fee

Some LSSE administrative and programmatic costs are covered by Amherst tax dollars. Therefore, those who are not residents of Amherst will be assessed a \$10 surcharge for each program in which they register.

No Smoking Policy

Please be aware that smoking is prohibited in school buildings and on school grounds at all times. Smoking is also prohibited in town buildings.

Photographs of Activities

Occasionally, LSSE will have a photographer take pictures of our programs for use in our "Leisure Times" program guide, website and other media. If you or any member of your family are a participant of a program and **DO NOT** wish to have your picture used by LSSE, please contact our office at 259-3065 before the end of the program.

Postponements and Cancellations

In instances of bad weather during the day or on weekends, announcements regarding program cancellations will be available after 4:30 p.m. at the LSSE office, 259-3066, and will only indicate whether the program has been canceled. If there is insufficient registration or other reasons to prevent an acceptable presentation of an activity, LSSE reserves the right to cancel it.

Refunds

*Please allow at least 21 days to receive a refund. *Full refunds will be made if programs are canceled, filled, or Department changes in offerings prohibit your attendance. You may also receive a refund for most programs if your request is made in writing and received in the LSSE Office **at least five business days in advance of the start of the activity**. These refunds will be subject to a \$10 processing fee. Consideration will be given to these written requests on a case-by-case basis.

Inclusion & Accessibility

Requests for special needs accommodations must be **made in writing, email, or faxed three weeks prior to the start of a program**. Advance notice allows us time to try to find the supports that you may need. We will do our best to successfully accommodate your need. Questions? Contact: **Stacey Lecuire at 259-3191; email: lecuvres@amherstma.gov**.

Registration Information

Registration for most programs will begin on **May 17**. Office hours are Monday - Friday from 8:00 a.m. to 4:30 p.m. Registration is accepted on a first-come, first-serve basis until the maximum number of persons per program is reached. **Complete payment, including nonresident fees where applicable, must accompany each registration.** If the program has filled, we will place your name on our waiting list. Your early registration helps us reach the minimum numbers required to run the class and also ensures your space in a popular class.

Choose 1 of 5 easy ways to register!!

INTERNET:

Register online at www.lsse.org to register 24 hours a day and 7 days a week. Use our online system to check the number enrolled, location and descriptions. We accept VISA, Mastercard, and Discover.

FAX TO:

259-2407. Fax the registration form located on page 47 of this brochure along with your VISA, MasterCard, or Discover account number and expiration date. Upon receipt of your faxed registration form and payment information, you will be enrolled automatically (space permitting).

MAIL TO:

LSSE, 70 BOLTWOOD WALK, AMHERST, MA 01002. Send the registration form located on page 47 of this brochure along with either a check or money order payable to the Town of Amherst, or you may indicate your VISA, MasterCard, or Discover account number and expiration date to be charged. Upon receipt of your mail-in registration form and fee, you will be enrolled automatically (space permitting).

DROP OFF:

Mail slot located at *LSSE office.* Our office has a mail slot for after-hours registration. Simply complete the registration form, attach your check or credit card information, enclose in a sealed envelope, and slip through the LSSE office door slot. The Bangs Center is usually open during the week until 8 p.m. We would suggest that cash not be used for this form of registration because a receipt will not be available immediately.

CALL LSSE:

259-3065 with Visa, Mastercard, or Discover and register for most programs over the phone! Office hours are Monday-Friday 8:00 a.m.-4:30 p.m.

Fee Subsidy Information

Low income families may apply for a 50 or 25 percent fee subsidy to access summer youth programs. We also have additional support on a first come first serve basis for families with greater needs. Please see our Fee Subsidy and Additional Need Applications at www.lsse.org under Fee reduction Program or contact LSSE at (413) 259-3065 for assistance.

Submit Additional Need

Application by June 3rd to qualify for summer programs.





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